



State of New Jersey

DEPARTMENT OF HEALTH AND SENIOR SERVICES
DIVISION OF EPIDEMIOLOGY, ENVIRONMENTAL AND OCCUPATIONAL HEALTH
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**RECOGNIZED CERTIFICATIONS FOR 2004
(CPR - FIRST AID - LIFEGUARDING - TRAINED POOL OPERATOR)**

CARDIOPULMONARY RESUSCITATION (CPR) CERTIFICATION

American Red Cross 1-year certification

Recognized:

CPR for the Professional Rescuer
or
CPR/AED for the Professional Rescuer

Upgrade of the old CPR: Basic Life Support course
Includes Infant, Child & Adult CPR, two-person rescue
and advanced skills (barrier devices)
Includes OSHA Blood Borne Pathogen Preventing Disease
Transmission (basic information)

Not Recognized:

Infant CPR
Child CPR
Infant and Child CPR

Adult CPR
Adult CPR/AED Training
Community CPR or Adult, Infant & Child CPR

American Heart Association 2-year certification

Recognized:

BLS Healthcare Provider
or
CPR for Healthcare Providers

Includes Adult and Pediatric CPR, foreign-body
airway obstruction & two-person rescue
Contains information on barrier devices and stroke
AED is now a core component of this course

Not Recognized:

Heartsaver CPR
Heartsaver AED
Heartsaver FACTS

Heartsaver CPR in Schools
CPR for Family and Friends

National Safety Council 2-year certification

Recognized:

Professional Rescuer CPR

Includes Adult, Infant & Child, two-rescuer CPR,
and use of masks including bag-valve

Not Recognized:

Heartsaver FACTS
CPR
Pediatric CPR

CPR Review
Automated External Defibrillation
Blood Borne Pathogens

CARDIOPULMONARY RESUSCITATION (CPR) CERTIFICATION

American Safety and Health Institute 2-year certification

Recognized:

CPR for Professionals

Includes Infant, Child & Adult CPR, two-person rescue and advanced skills (barrier devices)

Includes OSHA Blood Borne Pathogen Preventing Disease Transmission (basic information)

Not Recognized:

CPR for Community and Workplace

AED

NOTE: Professional-level CPR is required for all health directors at both day and residential youth camps and by at least one individual at all public recreational bathing places.

FIRST AID CERTIFICATION

American Red Cross

Recognized:

First Aid Basics
or
First Aid

Approximately 4 hr. course
3-year certification
NO CPR
Minimal acceptable FA certification for day camps and all public recreational bathing places

Workplace Training/
Standard First Aid

Approximately 5½ hour course
3-year certification
First Aid Basics with Adult CPR
Minimal acceptable FA certification for day camps and all public recreational bathing places
May be taken with other workplace modules
Geared towards the workplace setting

Community First Aid
and Safety

Approximately 9 hr. course
3 year certification
Standard First Aid with Community CPR
Also acceptable FA certification for day camps and all public recreational bathing places

Sport Safety Training

Approximately 6½ hr. course
3-year certification
First Aid with Adult CPR
Child CPR (optional)
Minimal acceptable FA certification for day camps and all public recreational bathing places

First Aid-Responding
to Emergencies:

Approximately 24 hr. course
3-year certification
Includes Adult CPR
Certification rarely seen. Given in academic setting.
Not normally given to general public.
Includes module "When Help is Delayed."
Acceptable FA for day camps but
not acceptable for resident camps

FIRST AID CERTIFICATION

American Red Cross (cont'd)

Emergency Response	Approximately 50 hr. course 3-year certification Includes CPR for the Professional Rescuer (separate card) Replaces Advanced First Aid. Below EMT Minimal acceptable FA & CPR certification for a resident camp (First Responder Course)
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Not Recognized:

Module for all the First Aid courses is:

First Aid-When Help is Delayed	Approximately 2 hr. course Course completion certification issued Must maintain current First Aid Certification and current CPR with American Red Cross or American Heart Association CPR for the Healthcare Provider
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Preventing Disease Transmission (PDT)

The six modules for the Workplace
Training/Standard First Aid are:

Workplace Violence Awareness Back Injury Prevention Slips Trips and Falls Ergonomics Your Heart Matters Managing Stress	Approximately 1 hr. course Course attendance card issued Does not require First Aid and/or CPR certification
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National Safety Council

Recognized:

First Aid:	Approximately 4 hr. course 3-year certification NO CPR Minimal acceptable FA certification for day camps and all public recreational bathing places
Pediatric First Aid & CPR	Approximately 8-24 hr. course 3-year certification First Aid with Infant & Child CPR (2 yr.) Minimal acceptable FA certification for day camps and all public recreational bathing places
Standard First Aid & CPR	Approximately 7 hr. course 3-year certification First Aid with Adult, Infant & Child CPR (2 yr.) Minimal acceptable FA certification for day camps and all public recreational bathing places

FIRST AID CERTIFICATION

National Safety Council (cont'd)

Recognized:

Advanced First Aid & CPR	Approximately 40 hr. course 3-year certification First Aid with Adult, Infant & Child CPR (2 yr.) Minimal acceptable FA certification for a resident camp
Wilderness/Remote Location First Aid	Approximately 8-36 hr. course 3-year certification NO CPR Acceptable FA certification for day camps
First Responder	Approximately 40-50 hr. course 2-year certification Includes Professional Rescuer CPR (2 yr.) Acceptable FA & CPR certification for all youth camps and all public recreational bathing places

Not Recognized:

Good Samaritan	Approximately ½ - 2 hr. course Course completion certificate and card issued
Blood borne Pathogens	Approximately 2 hr. course Course completion certificate and card issued

American Safety and Health Institute

Recognized:

Basic First Aid	Approximately 4 hr. course 3-year certification NO CPR Minimal acceptable FA certification for day camps and all public recreational bathing places
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American Heart Association

Recognized:

Heartsaver FACTS	Approximately 7 hr. course 2-year certification Adult CPR (3.5 hrs HS AED) NSC First Aid Course (3.5 hrs First Aid) Minimal acceptable FA certification for day camps and all public recreational bathing places
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Other recognized certifications for resident camps are found in the Youth Camp Safety Act, 8:25-5.2(a). They are:

- A physician licensed to practice medicine or osteopathy in New Jersey
- A registered nurse or a licensed practical nurse licensed by the State Board of Nursing
- An individual who is certified as a paramedic or emergency medical technician or first responder/CIM accredited by the Department or by the American Red Cross in their First Responder training
- An athletic trainer certified by the National Athletic Trainers' Association Board of Certification (NATABOC), with the appropriate level of training provided by the National Safety Council, or an equivalent certification approved by the Department.

LIFEGUARDING CERTIFICATION
(for Swimming Pools and Lake Bathing)

American Red Cross

Recognized:

Lifeguard Training

3-year certification
For pool only
Includes Community First Aid (SAME CARD)
Must have CPR for the Professional Rescuer (separate card)
NEWEST course
Three modules available

The three modules for the Lifeguard Training are:

Waterfront Lifeguarding

Approximately 5½ hr. course
Course completion certification issued
Must maintain current Lifeguard Training
and Community First Aid certificate for
module to remain valid
Must have current CPR for the
Professional Rescuer (separate card)

Waterpark Lifeguarding

Approximately 5 hr. course
Course completion certification issued
Must maintain current Lifeguard Training
and Community First Aid certificate for
module to remain valid
Must have current CPR for the
Professional Rescuer (separate card)

Head Lifeguard

Approximately 6 hr. course
Course completion certification issued
Must maintain current Lifeguard Training
certificate (653460 or 3416) or current
lifeguard training certificate from
another nationally recognized organization
for module to remain valid
Soon to be replaced by "Lifeguard Management"

LIFEGUARDING CERTIFICATION
(for Swimming Pools and Lake Bathing)

American Red Cross (cont'd)

Not Recognized:

Guard Start	No minimum time Course completion certificate issued Not a certified lifeguard Program purpose: designed to guide youth (11-14 yrs.) in ARC lifeguarding program by building a foundation of knowledge, attitudes and skills for future lifeguards
Community Water Safety	Approximately 4 hr. course Course completion certification issued Prevention program Water involvement is optional Not a certified lifeguard Replaced 2 previous courses – Basic Water Safety and Emergency Water Safety
Basic Water Rescue	Approximately 4 hr. course 3-year certification Not a certified lifeguard Course purpose: provide information and skills necessary to prevent, recognize and respond to aquatic emergencies and how to protect themselves
Small Craft Safety	Approximately 5 hr. course 3-year certification Not a certified lifeguard Course purpose: provide information and skills necessary to prevent, recognize and respond to small craft emergencies and how to protect themselves
Water Safety Instructor (WSI)	2-year teaching authorization Teaches American Red Cross Learn-to-Swim Programs Not a certified lifeguard Not required for Youth Camp Staff
Lifeguard Instructor	2-year teaching authorization Teaches Lifeguard Training Programs and Community Water Safety Not a certified lifeguard
Safety Training for Swim Coaches	3-year certification Provides training in aquatic safety for competitive swim coaches, officials, athletic trainers, etc Not a certified lifeguard

LIFEGUARDING CERTIFICATION
(for Swimming Pools and Lake Bathing)

Boy Scouts of America (BSA) 3-year certification

BSA Lifeguard

NOTE: All BSA lifeguards are required to be certified in Professional-Level Infant, Child and Adult CPR and First Aid. These certifications must be from an organization approved by the Department of Health and Senior Services. All lifeguards are trained for pool and waterfront facilities.

National Pool and Waterpark Lifeguard Training 1-year certification

Special Facilities Lifeguard

Pool Lifeguard

Shallow Water Lifeguard

NOTE: All levels of the National Pool and Waterpark Lifeguard Training Program include certification in Professional-Level Infant, Child and Adult CPR skills, as well as First Aid. These certifications are through the National Safety Council, and meet all nationally recognized standards for CPR & First Aid instruction.

Young Men's Christian Association (YMCA) 2-year certification

YMCA Lifeguard

NOTE: All YMCA lifeguards are required to be certified in Professional-Level Infant, Child and Adult CPR and First Aid. These certifications must be from an organization approved by the Department of Health and Senior Services. All lifeguards are trained for all bodies of water (i.e., pool, lake & waterpark).

International Life Saving Federation (ILSA)

Bronze Medallion (acceptable with current challenge test from ARC, YMCA and good for LG, CPR & AED)

NOTE: The International Life Saving Federation is composed of Member Federations admitted by the Board of Directors. Affiliation to ILS is available to international, national, and other not-for-profit organizations which pursue the aims and objectives of ILS, are recognized by ILS, and agree to submit to the ILS Constitution and By-Laws. Organizations meeting these requirements are encouraged to become a Member Federation.

(for Ocean and Tidal Waters)

United States Lifesaving Association (USLA) Annual certification

South Jersey Lifeguard Chiefs Assn Annual certification

TRAINED POOL OPERATORS CERTIFICATION

National Recreation & Park Association (NRPA)

3-year certification

Aquatics Facilities Operator (AFO)

National Swimming Pool Foundation (NSPF)

5-year certification

Certified Pool Operator (CPO)

Young Men's Christian Association (YMCA)

5-year certification (One year grace period, cite violation on report if over 5 years)

Pool Operator on Location (POOL)

National Pool & Spa Institute (NSPI)

5-year certification

Professional Pool and Spa Operator (PPSO)

American Swimming Pool & Spa Assn (ASPSA)

5-year certification

Licensed Aquatic Facility Technician (LAFT))